

# NATIONAL HELPLINES

## GALOP

[www.galop.org.uk](http://www.galop.org.uk)

- LGBT+ Domestic Abuse Helpline 0800 999 5428
- Conversion Therapy Helpline 0800 130 3335
- LGBT+ Hate Crime Helpline 020 7704 2040

## SWITCHBOARD LGBT + Helpline

[www.switchboard.lgbt](http://www.switchboard.lgbt)

- Helpline: 0300 330 0630

## THE ALBERT KENNEDY TRUST

Online community hub for young people 16-25

[www.akt.org.uk](http://www.akt.org.uk)

## LGBT FOUNDATION

[www.lgbt.foundation](http://www.lgbt.foundation)

- Advice Support & Information  
0345 3 30 30 30

## RESPECT

Men's advice line

[www.mensadvice.org.uk](http://www.mensadvice.org.uk)

- Freephone 0808 8010327

## RISE

[www.riseuk.org.uk](http://www.riseuk.org.uk)

- LGBT + Domestic Abuse Helpline - Every  
Monday 5pm - 7pm -
- 01273 622 828

## SURREY SERVICES

South West Surrey Domestic Abuse Outreach Service  
(Serving Waverley & Guildford)

East Surrey Domestic Abuse Services  
(Serving Reigate & Banstead, Mole Valley and Tandridge)

North Surrey Domestic Abuse Service  
(Serving Epsom & Ewell, Elmbridge and Spelthorne)

Your Sanctuary

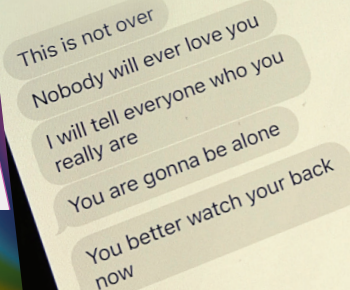
(Serving Woking, Runnymede & Surrey Heath)



ARE YOU OR  
HAVE YOU  
BEEN  
FRIGHTENED,  
HURT OR  
ABUSED BY A  
PARTNER OR  
FAMILY  
MEMBER?

HELP AND SUPPORT  
IS AVAILABLE :

- ⊕ South West Surrey  
Domestic Abuse  
Outreach Service  
01483 898884
- ⊕ East Surrey  
Domestic Abuse  
Services  
01737 771350
- ⊕ North Surrey  
Domestic Abuse  
Service  
01932 260690
- ⊕ Your Sanctuary  
01483 776822
- ⊕ Surrey Domestic  
Abuse Helpline  
9 am - 9 pm

A close-up of a smartphone screen showing a text message conversation. The messages are in a light grey bubble on a white background. The text reads: 'This is not over', 'Nobody will ever love you', 'I will tell everyone who you really are', 'You are gonna be alone', and 'You better watch your back now'. There are three dots at the bottom of the last message bubble, indicating it is a read receipt.

Today 12:33  
This is not over  
Nobody will ever love you  
I will tell everyone who you really are  
You are gonna be alone  
You better watch your back now



The LGBTQ+ population makes up a small part of the wider society. **Many in the LGBTQ+ population still do not recognise the signs of domestic abuse and the impact it leaves.**

**Domestic abuse is still a difficult concept** for society and the LGBTQ+ population faces **additional barriers** such as **Homophobia, Biphobia, Transphobia and Acephobia.**

**Prejudice still exists** and it can affect a person's **confidence in sharing their sexual orientation and/or gender identity.**


**Fear of not being understood or fear of inappropriate services might stop someone from accessing the help they need.**

**If you are in an abusive relationship, we have specialists available to help you.**

**“**  
**'Anyone can be a victim of domestic abuse, regardless of gender, age, ethnicity, socio-economic status, sexuality or background.'**  
**UK Government.**

## **Domestic abuse is a crime.**

**It involves the abuse of power and control by one person over another.**

 **Coercive control, emotional abuse, physical and sexual abuse, financial abuse, harassment and stalking are all forms of abuse.**

**Trans people can experience domestic abuse from a same or opposite sex partner, and can do so regardless of the gender identity of either person.**



**Abusers can use sexual orientation and/or gender identity as an excuse for their abusive behaviours.**



**Additional isolation that Homo/Bi/Trans/Acephobia can cause.**



**Alienation from unsupportive parents or partners.**



**Threatening to out you or outing you without your permission.**

